



CLASSIC HAWAIIAN MACARONI SALAD

July 7

National Macaroni Day

INGREDIENTS

Dressing

- 2 Cups Half-and-Half
- 2 Cups Mayonnaise
- 1½ Tablespoons Grated Yellow Onion
- 1 Tablespoon Dark Brown Sugar
- 2 Teaspoons Pepper
- 1 Teaspoon Salt

Macaroni

- 1 Pound Elbow Macaroni (enriched or whole grain-rich)
- 1/4 Cup Apple Cider Vinegar
- 1/4 Cup Sliced Green Onions
- 1 Cup Chopped Celery
- 1 Cup Grated Carrots

DIRECTIONS

- 1. In a medium bowl whisk together the half-and-half, mayonnaise, grated onion, dark brown sugar, 1 teaspoon of salt, and 2 teaspoons of pepper until smooth. Refrigerate until needed.
- 2. Cook the macaroni as per the package instructions, except add 5 minutes to the cooking time. Drain the macaroni into a colander and then dump it back into the pot. Add in the apple cider vinegar and stir until the pasta absorbs the vinegar. Cover the pot with a lid and cool for 20 minutes at room temperature.
- 3. Add half of the dressing and stir to combine. Then, cover the lid and cool for another 20 minutes.
- 4. Add in the remaining dressing, green onions, celery, and carrots to the pot and stir to combine, and season with salt and pepper if needed.
- 5. Cool completely to room temperature, about 30 more minutes.
- 6. Transfer the macaroni salad to a bowl and cover with plastic wrap. Chill in the refrigerator for at least 2 hours before serving.

MEAL PATTERN CONTRIBUTION

MEAL TYPE

YIELD

Grain



Snack

12 Cups

PORTION SIZES

Toddler	Preschool	School Age	Adult
½ Cup	½ Cup	³¼ Cup	¾ Cup