



## PEANUT BUTTER & JELLY GRAHAM CRACKERS

July 5

National Graham Cracker Day

### INGREDIENTS

- 8 Graham Crackers (about 5" by 2 1/2", enriched or whole grain-rich)
- 1/2 Cup Peanut Butter
- 1/2 Cup Jelly (flavor of your choice)

### DIRECTIONS

1. Break graham crackers in half, along perforation.
2. On 8 of the graham cracker halves, spread 1 tablespoon of peanut butter.
3. On the remaining 8 halves, spread 1 tablespoon of jelly.
4. Cover each peanut butter cracker with a jelly cracker.

### MEAL PATTERN CONTRIBUTION

- Meat/Meat Alternate
- Grain

### MEAL TYPE

- Snack

### YIELD

8 Sandwiches

### PORTION SIZES

Toddler	Preschool	School Age	Adult
1 Sandwich	1 Sandwich	2 Sandwiches	2 Sandwiches